

**World Race Walking Tour Bronze  
Irish 35km RW Championships  
Irish U20 & Masters 10km RW Championships  
Rob Heffernan RW Academy Winter Series  
Raheny, Dublin, December 15th, 2024  
Startlists**

**11am 35km Walk Senior Men**

**Course Record**

2.31.54	Perseus KARLSTRÖM	Sweden	2021
1	Massimo STANO	Italy	<b>2.24.19 (Meeting Record, World Championship Qualifier)</b>
2	Ricardo ORTIZ	Mexico	2.26.15 (World Championship Qualifier)
3	Caio BONFIM	Brazil	2.27.48 (World Championship Qualifier)
4	Bence VENYERCSAN	Hungary	2.33.49
5	Max Batista GONCALVES DOS SANTOS	Brazil	2.37.20
6	Oisín LANE	Mullingar Harriers A.C.	2.37.35 NC 1st
7	Mattéo DUC	France	2.39.21
8	Joe MOONEY	Adamstown A.C.	2.40.56 NC 2nd
9	Sandeep KUMAR	India	2.41.26
10	Georgios KELEPOURIS	Greece	2.54.44
11	Diego PEREIRA LIMA	Brazil	3.01.26
12	Ross ALEXANDER	Coolquill A.C.	3.28.16 NC 3rd (30km 2.51.28)
	Ismael Antonio BERNAL	Mexico	DNF 10km
	Julio Cesar SALAZAR	Mexico	DNF 15km (Penalty Zone 3.5 mins)
	Kevin CAMPION	France	DNF 19km
	Joao Victor SILVA MAGALHAES	Brazil	DQ TR 54.7.5
	Nathaniel SEILER	Germany	DQ TR 54.7.5
	Ihor HLAVAN	Ukraine	DNS

**11am 35km Walk Senior Women**

**Course Record**

3.05.10	Agnieszka ELLWARD	Poland	2022
1	Alejandra ORTEGA	Mexico	<b>2.56.22 Meeting Record</b>
2	Gabriela DE SOUZA MUNIZ	Brazil	3.01.57
3	Elianay PEREIRA	Brazil	3.12.59
4	Yadira FRANCO	Mexico	3.18.54
5	Kate VEALE	West Waterford A.C.	3.25.57 NC 1st
6	Anett TORMA	Hungary	3.45.25
	Valeria ORTUNO	Mexico	DNF
	Priyanka GOSWAMI	India	DQ TR 54.7.5
	Federica Curiazzi	Italy	DQ TR 54.7.5
	Magaly Beatriz BONILLA	Ecuador	DNS
	Zelda BOTHA	South Africa	DNS
	Jessica GROENWALD	South Africa	DNS



## 12 Noon 20km Walk Senior Women

### Course Record

1.31.42	Mária CZAKOVÁ	Slovakia	2023
1	Karla Ximena SERRANO	Mexico - U23	1.33.38
2	Vitoria OLIVEIRA	Portugal	1.34.05
3	Abigail JENNINGS	Great Britain	1.44.04
4	Arely ENRIQUEZ	Mexico	1.53.31
5	Grazia MANZOTTI	Great Britain	1.58.30
6	Emily GHOSE	Great Britain	2.01.37
	Marion MANARESI	France	DNF 11km
	Bruna MARQUES	Portugal -U23	DNF 15km
	Souad AZZI	Algeria	DNS
	Silvia Jerono KEMBOI	Kenya	DNS
	Naomi JEPKIRUI	Kenya	DNS
	Jacqueline AMOIT	Kenya	DNS

### 10km Walk Senior Women

1	Siobhan DOHERTY	Tír Chonaill A.C. - 10km	61.04
2	Erika PONTAROLLO	Great Britain -10km	61.36

## 12 Noon 20km Walk Men

### Course Record

1.18.39	Perseus KARLSTRÖM	Sweden	2023
1	David KENNY	Farranfore Maine Valley A.C.	1.22.31
2	Callum WILKINSON	Great Britain	1.23.09
3	Michele ANTONELLI	Italy	1.23.52
4	Jerry JOKINEN	Finland	1.25.12
5	Cesar Cordova FERNANDEZ	Mexico	1.25.19
6	Joao VIEIRA	Portugal	1.25.59
7	Carlos MERCENARIO	Mexico	1.27.54
8	Javier DE ARRIBA CASTILLA	Spain	1.28.23
9	Norbert TOTH	Hungary	1.29.59
10	Andreas PAPASTERGIOU	Greece - U23	1.31.01
11	Carlos Alberto OLIVARES	Mexico	1.31.33
12	Jaakko MAATTANEN	Finland	1.31.53
13	Luc LEGON	Great Britain	1.33.25
14	André VAN SLOOTEN	Netherlands	1.44.19
15	Tomas VOJTISEK	Czech Republic	2.07.19
	Matthew GLENNON	Mullingar Harriers A.C.	DNF 12km
	Misgana WAKUMA	Ethiopia	DQ TR 54.7.5
	Samuel GATHIMBA	Kenya	DQ TR 54.7.5
	Sohail Abderahmane ALOUI	Algeria	DNS
	Wayne SNYMAN	South Africa	DNS
	Dan NEHEVAJ	USA	DNS
	Ayoub ESSARGHINI	Morocco - 10km	DNS

## 12 Noon U20 & U23 Men 10km Walk

### Course Record

43.58	Matthew Glennon	Ireland	2021
1	Jake O'BRIEN	Moy Valley - U23	45.20
1	Matthew NEWELL	Tuam A.C.	45.44 European U20 Teams Qualifier, NC U2 1st
2	Leandro SILVA	Portugal	47.26
3	Andrew GLENNON	Mullingar Harriers A.C.	50.19 NC U20 2nd
4	Evan WALSH	St. Joseph's A.C.	51.23 NC U20 3rd
5	John GLENNON	Mullingar Harriers A.C.	58.41 24.46
	Seamus CLARKE	Moy Valley A.C.	DNF
	Ghazrani AYOUB	Morocco	DNS

## 11am U20 Women 10km Walk

### Course Record

50.51	Ivana DUDOVA	Slovakia	2023
1	Alessia POP	Romania	46.29 Meeting Record
2	Aisling LANE	Mullingar Harriers A.C.	50.38 NC U20 1st
3	Savanagh O'CALLAGHAN	Tuam A.C.	52.25 NC U20 2nd
4	Ciara WILSON BOWEN	Dundrum South Dublin A.C.	52.34 NC U20 3rd
5	Jessica WILTON	Great Britain	55.36
6	Natasha MITCHELL	Great Britain	56.20
7	Aoife TUTHILL	Bandon A.C.	57.15 NC U20 4th
8	Beabhin HOSTY	Loch Lurgan A.C.	59.01 NC U20 5th
9	Latifa AARABI	Morocco	61.02
10	Siobhan O'REILLY	Moy Valley A.C.	DNS
11	Sinead MAHER	South Galway A.C.	DNS
12	Gracie GRIFFITHS	Great Britain	DNS

## 11am U23 Women 10km Walk

1	Hannah HOPPER	Great Britain -U23	52.00 Meeting Record
2	Éabha DE FAOITE	Kenmare A.C. - U23	52.16
3	Méabh O CONNOR	Waterford A.C. - U23	53.22
4	Rachel BOUQUIN	France -U23	55.12

## 11am U18 Girls 5km

### Course Record

23.49	Alessia POP	Romania	2023
1	Julia LEBEAU	France	24.53
2	Robin Og MURPHY	Longford A.C.	25.57
3	Hafsa EZATI	Morocco	26.12
4	Ciara GILMORE	Tuam A.C.	28.38
5	Holly SHAUGNESSY	Tuam A.C.	29.13
6	Maria COONE	D.M.P. A.C.	29.35
7	Lusai DE FAOITE	Kenmare A.C.	29.46
8	Ellie BARRY	St. Catherine's A.C.	31.40
	Juliet BIGGS	Bandon A.C.	DNF
	Aoife MARTIN	Carraig-Na-Bhfear A.C.	DNF
	Lily RYAN	St. Joseph's A.C.	DNS
	Eabha HICKEY	West Waterford A.C.	DNS



## 11am U20 Girls 5km

Keelin DUGGAN	St. Senans A.C.	DNS
Doireann HICKEY	West Waterford A.C.	DNS
Saoirse KENNEDY	Celbridge A.C	DNS

## 11am U16 Girls 5km

### Course Record

25.34	Savanagh O'Callaghan	Ireland	2023
1	Leah O GARA	Finn Valley A.C.	25.45
2	Amy WALSH	St. Joseph's A.C.	26.11
3	Pearl SANDS	Moy Valley A.C.	26.36
4	Robyn MAHER	Carraig-Na-Bhfear A.C.	28.05
5	Lillian O BRIEN	Moy Valley A.C.	28.07
6	Anna MULLINS	Carraig-Na-Bhfear A.C.	28.13
7	Deea IOANOVICI	Romania	28.16
8	Ann DOYLE	South Galway A.C.	32.06

## 12 Noon U16 & U18 Boys 5km Walk

### Course Record

22.14	Seamus Clarke	Ireland	2023
1	<b>Panagiotis SALTIS</b>	<b>Greece -U18</b>	<b>21.16 Greek U18 Record</b>
2	Reda HADAT	Morocco -U18	23.43
3	John GLENNON	Mullingar Harriers A.C.	24.46
4	Ciaran KELLEHER	South Galway A.C.-U16	26.26
5	Daniel GLENNON	Mullingar Harriers A.C. - U16	26.56
	Luke FITZMAURICE	North Leitrim A.C. - U18	DNS

## 1pm U14 & U16 Girls 3km Walk

### Course Record

15.21	Karen Mulvaney Kelly	Ireland	2022
1	Clíodhna NI CHONAILL	Castlegar A.C.	16.22
2	Taillte O'CALLAGHAN	Tuam A.C.	16.35
3	Alexia Bercea	Romania	17.00
4	Niamh CLARKE	Clonmel A.C. U16	17.11
5	Faye CARROLL	Cork City A.C.	17.23
6	Sophie DAVIDSON	Great Britain	17.46
7	Millie HOASHI	Dunboyne A.C.	17.55
8	Siun MORRISSEY	Cork City A.C.	18.27
9	Katrina OSE	Latvia - U14	18.44
10	Aoife MCGRANAGHAN	Finn Valley A.C.	19.01
11	Caoimhe PHELAN	Tuam A.C.	19.10
12	Elizabete VARSBERGA	Galway City Harriers A.C. -U18	19.12
13	Holly KEARNS	Naas A.C.	19.34
14	Kerry WIDGER	St. Senans A.C.	19.48
	Sophie BERESFORD	West Waterford A.C.	DNS
	Shyna PATEL	USA	DNS

## 1pm U16 Boys 3km Walk

### Course Record

14.02	Matthew Newell	Ireland	2022
1	Sean WALSH	Adamstown A.C.	16.23
2	Senan MARKEY	Tír Móna A.C.	16.38
	Joseph HANLEY	Glaslough Harriers A.C.	DNS
	Gareth GLENNON	Mullingar Harriers A.C. -U14	DNS
	Ryan MC DEVITT	Metro/St. Brigids A.C.	DNS

## 1.40pm U14 Girls 2km Walk

### Course Record

10.24	Shyna Patel	USA	2023
1	Natalia GAVRILOVIC	Romania	<b>9.44 Meeting Record</b>
2	Cuisle O'CALLAGHAN	Tuam A.C.	9.59
3	Hazel DINKIN	Clare River Harriers A.C.	10.43
4	Róisín STEEDE DUFFY	Tuam A.C.	10.54
5	Teagan ROONEY	Tuam A.C.	11.08
6	Maisy MCGENITY	Great Britain	11.15
7	Emma HOWSON	Tuam A.C.	11.32
8	Lucy AYLWARD	St. Senans A.C.	11.48
9	Molly MURPHY	Longford A.C.	12.07
10	Emma MADDEN	Castlegar A.C.	12.08
11	Caitlin GARVEY	Dooneen A.C.	12.20
12	Nora WALSH	South Galway A.C.	12.29
13	Emily HESSION	Tuam A.C.	12.30
14	Karlina BESTA	Latvia	12.32
15	Molly BRANDON	Tuam A.C.	12.33
16	Letitia BAITZ	Romania	12.36
17	Isabelle-Grace WILSON	Great Britain	13.00
18	Grace ANDREWS	Great Britain	13.08
19	Zoe MALQUORI	Metro/St. Brigids A.C.	13.35
20	Lauren FERGUSON	Clongriffin A.C. - U16	14.11
21	Anna WALSH	Adamstown A.C.	14.57
22	Rachel MC DEVITT	Metro/St. Brigids A.C.	DNF
23	Keeva KILDUNNE	Metro/St. Brigids A.C.	DNS
24	Emma WALSH	St. Joseph's A.C.	DNS

## 1.40pm U14 Boys 2km Walk

### Course Record

10.42	Sean Walsh	Ireland	2023
1	Tadhg O CALLAGHAN	St. Senans A.C.	<b>10.28 Meeting Record</b>
2	Grofu NEWELL	Tuam A.C.	10.54
3	Conor BRENNAN	Longford A.C.	10.59
4	Reuben O DOMHNAILL	Letterkenny A.C.	11.04
5	Seán MCNULTY	Metro/St. Brigids A.C.	11.13
6	Michael DOYLE	Moyne A.C.	12.13
7	Dylan MADDEN	Castlegar A.C. - U12	12.17
	Saiin PATEL	USA - U12	DNS
	Patrick HANLEY	Glaslough Harriers A.C.	DNS
	Liam BEGLEY	Metro/St. Brigids A.C.	DNS

## 1.50pm U12 Girls 1km Walk

### Course Record

5.55	Ava Dinkin	Ireland	2023
<b>1</b>	<b>Ava DINKIN</b>	<b>Clare River Harriers A.C.</b>	<b>5.37 Meeting Record</b>
2	Ameka EARDLEY	Great Britain	5.48
3	Ellie CONROY	St. Joseph's A.C.	5.49
4	Aisling HICKEY	West Waterford A.C	5.52
5	Ellie Mae AYLWARD	St. Senans A.C.	5.53
6	Liliana PHELAN	St. Joseph's A.C.	6.06
7	Fia NI CHONAILL	Castlegar A.C.	6.10
8	Amy O'CALLAGHAN	Cork City A.C.	6.11
9	Ellen KENNEDY	St. Joseph's A.C.	6.14
10	Anna COSTELLO	South Galway A.C.	6.39
	Mia O'TOOLE	Galway City Harriers A.C.	DNS
	Melanija VARSBERGA	Galway City Harriers A.C.	DNS
	Honor MANNION	South Galway A.C.	DNS
	Emily NEVIN	St. Joseph's A.C.	DNS
	Lucy MELBOURNE	St. Joseph's A.C.	DNS

## 1.50pm U12 Boys 1km Walk

### Course Record

5.47	Joseph Hanley	Ireland	2023
<b>1</b>	<b>Owen GANNON</b>	<b>Athenry A.C.</b>	<b>5.32 Meeting Record</b>
2	Matthew CASSERLY	Castlegar A.C.	7.13
	Sam KINSELLA	St. Joseph's A.C.	DNS

## 10.55am U9 & U11 Girls 500m Walk

<b>1</b>	<b>Tara HEFFERNAN</b>	<b>Cork City A.C.</b>	<b>Under 9</b>	<b>2.44 Meeting Record</b>
2	Zoë MASSEY	Clonmel A.C.	Under 9	3.19
3	Amelia O'LOUGHLIN	Clonmel A.C.	Under 9	3.19
4	Harper LOWE	Clonmel A.C.	Under 9	3.23
5	Sarah KENNEDY	St. Joseph's A.C.	Under 9	3.37
<b>1</b>	<b>Regan HEFFERNAN</b>	<b>Cork City A.C.</b>	<b>Under 11</b>	<b>2.29 Meeting Record</b>
2	Selena STAICU	Romania	Under 11	2.39
3	Kiva GALLAGHER O'REILLY	Croghan A.C	Under 11	2.52
4	Eabha O CONNOR	Tuam A.C.	Under 11	2.57
5	Ruby Ó ROURKE	Tuam A.C.	Under 11	2.58
6	Lottie WIDGER	St. Senans A.C.	Under 11	3.00
7	Katie Lou CULLETON	St. Joseph's A.C.	Under 11	3.08
8	Alice DILWORTH	Cork City A.C.	Under 11	3.12

## 10.55am U11 Boys 500m Walk

<b>1</b>	<b>Harry RICHARDS</b>	<b>Great Britain</b>	<b>2.37</b>	<b>Meeting Record</b>
2	Cumhall O'CALLAGHAN	Tuam A.C.	2.44	
3	Dylan MC DEVITT	Metro/St. Brigids A.C.	2.49	
4	Edward CULLETON	St. Joseph's A.C.	3.04	
5	Tadhg MURPHY	Longford A.C.	3.07	
6	Adam SILKE	Tuam A.C.	3.12	
	Eoin O'CONNOR	Tuam A.C.	DNS	
	Tiarnach Costin	West Waterford A.C	DNS	
	Cillian MORRISSEY	Cork City A.C.	DNS	



## 12 Noon Masters Men 5km Walk

1	Paul DE MEESTER	USA - O65	34.21
2	Emmanuel TARDI	France -O/65	39.58

## 12 Noon Masters Women 10km Walk

1	Modra LIEPINA	Latvia	55.11	O35
2	Maggiehelen O CONNOR	St. Joseph's A.C.	57.55	O50
3	Áine MCKENNA	St. Brendan's A.C.	69.57	O45
4	Ligija CIRULE	Latvia	76.02	O35
	Sinead MC CONNELL	Finn Valley A.C.	DNS	O55

## 12 Noon Masters Men 10km Walk

1	Nicolas PICARD	France	49.11	O40
2	Modris LIEPINS	Latvia	53.59	O55
3	Ross ALEXANDER	Coolquill A.C.	54.25	O40
4	Colm WALSH	Mullingar Harriers A.C	55.57	O45
5	Mohamed MANSOURI	Morocco	56.41	
6	Mohamed CADIMI	Sweden	60.42	O55
7	John LASTE	West Waterford A.C.	64.27	O60
8	Michael O'CONNOR	Farranfore Maine Valley A.C.	67.07	O75
9	Bobby KING	St. Coca's A.C.	71.53	O75
10	David KISSANE	St. Brendan's A.C.	72.19	O70
11	John Joe LAWLOR	St. Joseph's A.C.	77.02	O55
	Brian O'DOMHNAILL	Killybegs A.C.	DNS	O45

## Senior Men 10km Walk

1	Dávid TOKODI	Hungary - 10km	47.10
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